



## Breakfast Casserole

### Ingredients:

- 12 eggs
- 1 1/2 lb of ground sausage or bacon
  - 7 slices of bread, torn in pieces
  - 12 ounces of shredded cheese

### Directions:

1. Whisk or beat eggs until foamy.
2. Cook and drain the bacon or the sausage.
3. Spray a 9 x 13 casserole dish with your oil spray of choice.
4. Put the beaten eggs into the casserole dish.
5. Add the cooked sausage or bacon and the cheese into the torn bread, mix up, and put into the eggs. Distribute and fold all ingredients together.
6. Top with additional cheese.
7. Cover with aluminum foil.
8. Place in a PREHEATED 350° oven and cook covered for 15 minutes.
9. Remove the foil and cook another 5-15 minutes until golden and done.

**Bon Appétit!**

**This is easily made gluten free by using G-free bread or bagels. To make vegetarian, use veggies like mushrooms, peppers in place of the sausage or bacon. Options: add sliced scallions.**