

# TASTY TUESDAY



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## Things You Need to Know!

Be sure to print this out for your binder - you never know when you might need this information!

### Kitchen Equivalents:

16 ounces = 1 pound

4 pecks = 1 bushel

8 quarts = 1 peck

4 quarts = 1 gallon

4 cups = 1 quart

2 cups = 1 pint

8 ounces = 1 cup

4 ounces = 1/2 cup

5 Tablespoons + 1 teaspoon = 1/3 cup

16 Tablespoons = 1 cup

4 Tablespoons = 1/4 cup

2 Tablespoons = 1/8 cup

3 Teaspoons = 1 Tablespoon

A pinch = 1/8 teaspoon or less

**Bon Appétit!**

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**Home of Tasty Tuesday!**